

EGO

Ego means stop learning new knowledge and with old knowledge creating image within and staying inside that. Feeling that “only I am perfect, others are not perfect” is also ego. Depending on our knowledge we develop physical, psychological and spiritual bonds. Basing on this only we experience comforts-discomforts.

Here you have to observe that even ego is also divine. Why because if we have ego then only we will know god’s value. When we were in oneness, we took birth and grown in divinity but we were unable to feel divinity. The reason for this is, between us and divinity there was no distance. For example fish which born, grow and die in the sea; doesn’t have awareness about sea and water. Because it always stay in the sea. Means, because of always staying in water, and because there is no distance between him and water, fish is not aware of water.

So to create distance we created ego. After that we ordered ego to create distance, means create illusion that I am separate divine is separate. That’s why ego created distance between us and our divinity. That means - It bonded us with its illusion-veil and made us drown in the dual game. Here dual game means dividing pure energy into two opposite energies, staying on one side and fighting with other side. As we are totally immersed in this game, we are unable to feel undivided pure energy and pure conscious.

As per our orders ego created a distance, that’s why now we have chance to taste divinity. To say in other words, human could stay in an illusion that, he came out of divinity and could create image.

At birth we have divine awareness. But to this pure child, parents teach “this is good and that is bad”. Because of this limited image creates with in us. This we call as ego. In the same way after knowing about any talent, with practice once we become expert in it, immediately ego develops within us. We spread this to people and say proudly that I achieved this. Because of this we get name, fame, money and respect from society. By achieving this we will be happy for some days.

But influence of any talent stays for short period only, after that it decreases. Once its effect decreases we start feeling bore. Then after knowledge we acquired will not be useful for us. Because of this within ourselves unknown lackness forms. We may achieve lot of talents but its effect stays for short period only. Because of this again and again lackness forms inside. Then we feel that god or eternal bliss is required. After trying different paths finally we experience divinity. Every person even after taking many births, definitely knows and owns divinity. So dear friends! Please don’t hate ego. Because of ego only we can have divine experience. Suppose if we

don't have ego then like fish we never know that we are god. So after giving maximum love release your ego. Because after it's melting only god appears.

My dear ego! Quickly dissolve. After learning new talent from god, again I create new image and I want to enjoy that also. I have complete faith on you. You are my best friend... in this way with love say good bye to ego. Then ego surrenders itself to god and merges happily in him.

I am saying like this because I tasted my divinity and I came to know the importance of duals. First time it feels difficult to release ego. But even with dislike, release it. Because later you will experience unbelievable happiness. In the same way always learn new knowledge from god and with experience know that you are god also.

When problem occurs, immediately choose bliss, then release acquired knowledge relating to that problem and after experiencing its related emotions completely bliss appears. Because it's related images dissolved. For example when fever arrives, even getting fears release its related believes, make new belief that it will take you towards bliss and experience fever related pains and sufferings completely, then bliss emerges. Here realize that all thoughts, beliefs, opinions are ego-forms.

Immediately after feeling bore, if we release ego, then it reaches god's lap ecstatically and merges in him. After acquiring anything immediately we can notice that ego is growing. Then identify it and say my dear ego! Take me to egoless pure state. If you enjoy ego then bliss comes immediately.

Many people are in a feeling that ego should not be there. After getting success, showing hands upwards they will say that, everything is god's grace, I am nothing and they will give total credit to divine. Just because of doing like this, same distance continues between you and your divinity. Why because you haven't dealt properly with the aroused ego, so without dissolving, it deeply sticks inside you. That's why once you succeed in anything, give credit to yourself and to your god by saying that, I got success with my gods help. If you do like this then ego becomes your best friend. After that enjoy ego-form means success felling and reach god through it.

By holding the knowledge you acquired, if you depend on it, immediately that knowledge binds you and creates image. By this ego appears. Because ego develops only by holding and depending on anything. So on right time release the knowledge you acquired. Means once happiness decreases and boring starts then immediately release it. So without depending on your knowledge or on the confidence which comes through results; develop trust on yourself, on your god and on every part of you. Because when cooperation develops among all your parts then

only you can achieve anything. Even if you don't get results then also you can stay happily with your parts.

Being with the feeling that 'ego should not be there', after getting success when ego comes if you don't enjoy it or if you go away from it or out of fear if you want to get rid of it, then it stays permanently within you. Why because unknowingly you will fight with ego. So it will become stronger.

Light comes after dark and dark comes after light, in the same way divinity comes after ego and ego comes after divinity. Like this they will come and go. Trust this belief and enjoy completely whatever is there in your life. Understand that divinity and ego will come and go till you know totally that you are god.

Man who fall down and gets up will be much stronger than the man who never falls. Man who works hard and succeeds knows the value of pleasure. Human who search for divine knows the value of divine. So my dear friends! Show interest to reach divine. For this, try to release ego giving maximum possible love. In this way leave ego whenever you want, then develop new ego and after that again leave happily. If you learn this knowledge then always you will be happy. Because happiness comes with learning and also while leaving. So within, you strongly believe that ego is also important part of divinity and keep the above said information in mind and also know this by your experience.

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Anyone inspired by new energy concept and wants to donate, please deposit in the following bank account. Your help will encourage us in spreading this concept to huge people. Name: P. Sreedhar; State bank of India, Saving bank account number: 30603897922. Branch-name: Hanumakonda; City: Hanumakonda, Warangal District, Telangana, India. IFSC Code: SBIN0003422. My Mobile No: 9390151912. Your generosity and support is appreciated! This mobile number also has GooglePay and PhonePe.

MELT

If you want to reach soul by going beyond body, mind and heart, first recognize that you are affected by your thoughts and living in them imprisoned. After that turn your focus from thoughts to "yourself", and then practice melting. Whatever happens within, without participating in the process, you say that only I am melting, and melt like an ice cube and become pure. After that spread inside. Means without talking, without thinking, not doing anything, only stay in a feeling that I am present in the whole body. Then you will enter into sleep like state, or coming out from your parts you stay in empty space. In this state if you can stay for some time, then thoughts dissolve on its own and silence happens within, and after that soul appears. Then you will experience pleasantness, lightness, freshness and blissfulness. Without opening your eyes immediately, spread this bliss to all your parts. Then you will get solution to all your problems. Also coordination happens among all your parts. This meditation can be practiced by anyone, anytime, anywhere, and no time limit. Daily practice this meditation for at least 10 minutes.