

KARMIC RESULT

In all our activities compulsorily three states are imbibed. They are 1) Doer, 2) karma or work and 3) karmic result. In general most people focus is on karmic result. Only doing work won't give satisfaction to them. They give real value for the result which is gained in the end. Because of this, work becomes just medium and it depends only on the result. These people do work only to achieve something, but they don't do work with happiness and with affection.

Here doer holds past opinions, work stays in the present and karmic result exists in the future. Since you means Doer or Jeevathma not united, but divided into three parts, doing work becomes burden and you will try to complete it somehow. Since final result is the only thing to achieve, if you can get it without doing work then you will never do work.

That's why experienced persons say to do work without expectation. Because just by focusing on work, doing it affectionately and experiencing the difficulties and pleasures arising from it as god's blessing then, creativity manifests in those works and then you can create unbelievable things. Because of this you will get karmic result by itself naturally, even though you don't have any expectation. Since you experience bliss while doing work itself, attraction towards karmic result naturally decreases. Why because bliss which comes after getting result will come while doing work itself.

For example while playing Ashta-Chemma (board game which is played by throwing four cowry shells), suppose you required 2 point to win the game. Nobody can give guarantee that you always get required number. But suppose if you got the help from the four cowry shells then there is a chance of getting your expected points. When two shells lands inverted and two shell lands upright, then you get 2 points. Means when shells are thrown then five results are possible i.e. 1, 2, 3, 4 and 8. If you get 2 points then only you win and if the remaining four possibilities happen then you will lose the game. That means you win when you get help from remaining four chances. Means you win only when you get help from failure, otherwise you will lose the game.

That's why I am telling you to go beyond success-failure, raaga-dweshha. Because help of four shells and help of five chances is needed in this game till it ends. After understanding this, you request help from the remaining ones every time whenever you throw the shells. But don't hate the result if it is not as per your expectation. Experience the pain and failure with affection, and acquire equanimity towards success and failure.

One more example: In cricket game if batsman expects that bowler throws ball at a speed of 100 K.M.; if he throws in the same speed then he can hit, otherwise he

can't. Here because of expectation and imagination he is unable to see the ball and play properly. Suppose if he is pure without expecting anything or if he already prepares to face all types of balls then he observes ball correctly and hit properly.

Since you also have fixed believes, fixed opinions, expectations and imaginations, while doing work, its related thoughts move in your mind, and you are unable to see the situation as it is. Because of this only you are not staying in the present moment. Therefore while doing works and when you tackle others, stay without expectations or expect every possibility. Then whatever manner they behave, you will respond accordingly. In this way if you think deeply then you will come to know that in every work you need the help of every possibility in it.

Results will come even if you hate opposite result, but fear towards opposite remain as it is. Even if you hate or suppress failure, illness or anger or other bad qualities then also you may get success, health or peace. But you will have tension that these opposites may come again to trouble you. But if you get success, health or peace with the help of failure, illness or anger then enmity between opposites disappear and friendship starts.

KARMA

Karma means work, choosing to do something, experiencing pains and pleasures generated by it. Three types of karmas, thamo, rajo and satva guna karmas are definitely needed in daily life. According to situation you have to use all three karmas. So you have to do saadhana to get equal feeling towards these three gunas. To get more information about this, read the topics "Raaga-Dweshya, Inner Journey".

But some people fear to do karma because they feel that karmic-result will bind them. But karma yogi comes out easily from this peculiar state. He sacrifices the result but he won't sacrifice karma. His duty is to get the experiential knowledge, with that knowledge he illuminates like sun and spreads it to everyone, if opportunity is there then he spreads practical knowledge to others. He stays in this universe but like a saint. He does all works but within there is no expectation. He doesn't have any expectation either from his children or from people. He himself experience as saint but he give benefits to this world like family person. He will not try to avoid everything, but stays in everything like water drop on lotus leaf. Means he participates completely in everything, but he will not bind to anything.

DOER

Most people can't stay without doing work continuously. They can't stay with themselves alone, without doing work at least for ten minutes, by going beyond body, mind and heart. They lead their daily life intentionally by creating some work. Here watching T.V, always thinking is also comes under doing work.

When, to whom, how much to serve; that much only you should help. So until proper time arrives stay neutral without doing anything. But most people can't stay without doing something. So they create problems involving in unnecessary things. They think that they are doing work, but here it is to be understood that they are not doing work, work himself is dominating them. They are not deciding whether it is right time to do work or not. Because they can't stay without doing something.

But yogi doesn't care about what type of works he is doing or what result he will get through the work. He tries to put authority only on work. By going beyond, habit of doing work compulsively, he himself decides when to do karma. After going beyond raaga-dweshha only he will say yes to do work. Why because then only he will own independent bliss. That's why he will not depend on bliss which comes through doing karma and through karmic result. Also if you reach beyond state then you will unite with God, this we call it as "Yogam". He knows that in this state whatever happens it becomes divine, and definitely divine result will also arrives. Because of this along with him, total creation also evolves.

That means in Yogam whatever happens; or to reach God or to develop god qualities whatever you do, by that nothing binds you. But being materialistic, means among trigunas, if you choose one and hate remaining two then it becomes karma. Because of this sin-virtue will definitely bind you.

For example, Arjuna staying with god got salvation even killing so many in war. But to protect the country if soldiers battle to take revenge, some died. Means here if they do good, bad is manifesting; but in case of Arjuna even though he did bad, he got salvation. Means here we can understand that karmic result is not forming based on actions, but with what intention you are doing. So except in emergency situation, try to do karma only after going beyond raaga-dweshha.

PRAYER

If you go beyond raaga-dweshha then there is no need to run behind anything. Because inside there will be no movement, only silent consciousness remains. So prayer means staying in this conscious state. But it doesn't mean that there will be no actions, only expectation on outcome will not be there. Because of this, work becomes joyful play or like drama; without madness or seriousness in it.

The person who have expectation and the person who can't stay without doing work can't play joyfully. Even if he plays, with his seriousness he changes the game into work. But the person who has real peaceful mind, changes work into joyful game. You can play only when there is no expectation; through that even if you get nothing, then also you won't feel any dissatisfaction, because while doing work itself, you will get bliss and satisfaction.

That's why elders who are not in Yogam can't play the game joyfully. Only children can play without expecting anything. That's why innocence and beauty stays in their game. Just playing is enough for their happiness. Child participates completely in playing, because he always unites with God. If he is in a feeling that "God is different, I am different" then he too can't participate completely in the game.

Child won't expect any result through game; he runs and moves here and there. Even small part expecting something, will not stay beyond without participating. Complete consciousness will take part in it. Staying in the present movement, child himself become game, by participating in it completely. Doing work in this way, is doing it without expectation. So you also in your daily life try to do all works by participating in it completely.

Stopping the cause of actions or works is prayer. That means leaving the karmic result is prayer. The aim of this prayer is, staying like innocent pure small child. Then only you have done real prayer. Then it's impossible to reject your prayer. Then without the need of prayer god enters within, because you have created the necessary situation. So God appears before you, because you have gone beyond raga-dweshha.

So just eat food but don't expect health or illness through it. While cooking, don't expect to cook nicely. Do work, but don't expect you will get money through it. Why because if you expect you will repeat know thing, you don't try new thing. Without expecting, leave the future to your God. But initially you will work with expectation, it is not wrong. Accept it also and continue saadhana, then definitely one day you reach a state where you can do work without expectation. If you go beyond desires means go beyond raaga-dweshha then your movements stops and when your movements stop then your merging happens with the present moment. Because of this union, the door to reach God opens.

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