

PAST LIVES

Before I entered spirituality when I asked everyone - what is the reason for the problems which comes in our life? All said that: it is due to sin done in past life, karma, fate, we can't do anything and our life is not in our hands.

When I entered meditation, through others what I came to know is that, if you understand the past properly then it ends. Means if you see past life then problem disappear in present life. I observed that some persons got temporary relief following this method but again problem re-entered in their life. I also observed that after seeing past lives rather than reducing, there problems are increasing. Because they saw the past life roles like – prostitute, thief, killer, deceiver etc. Because of this, belief that I did something wrong in the past becoming stronger and pain is generating whenever they remember those roles.

One more thing which I came to know is, after identifying the persons whom we hurted in the past life, after seeking forgiveness if you bring back past life aspects which were arrested by them, then present life problem vanishes. I observed that some people who practiced this got temporary relief and again problem re-entered in their life.

When I questioned within - why it is happening like this, what is the solution for this? Then I got this message: only seeing past life related to that problem is not enough. Instead of seeing these roles with a feeling that you did something wrong, if you see them with divine feeling, then only you will get permanent solution for that problem.

One more thing you have to understand here is that, the cause for present life problem is, past life sin. If you enquire further - why you did sin in past life? Then you will find link in previous past life. Means for example if someone deceived you in present life and if you think why it happened? It's because you deceived somebody in past life. But if you ask yourself why you did that in past life? Answer is someone deceived you in the previous past life. So here both did mistake, that's why don't come to the conclusion that only you did mistake by seeing only one past life.

So if you want permanent results to your problems then stop playing the dual game. Since you have already played good-bad opposite roles in past lives, now you have to drop the habit of continuing enmity between them and create friendship between them. So accept all good-bad roles related to past lives as it is, love it and see them with divine feeling. Means through them only you have to reach divine conscious state which is beyond right-wrong state. That means you have to become representative for both good-bad and according to the situation, mixing both characters you have to live life joyfully.

Role model

To reach this divine conscious state, present life should become role model. Means when you are able to see each and every situation in your present life as divine, then only the related past lives roles come and integrates in you. In this life even though anybody hurts you or you hurt others in compulsive situation, If you are able to experience them divinely then only past lives roles come and integrate in you. Because then only you will reach the state where you can understand why it happened in past life's. So now you have to do necessary practice to go beyond right-wrong state. Therefore trapped in right-wrong conscious state is the root cause for all your problems.

For example if you deceive anybody or anybody deceives you, once you feel these two roles, deceiving and being deceived as divine, and create friendship between them and experience them divinely then only past life roles related to deceiving integrates within you. Means they transform to pure roles. When somebody deceive you, if you surrender to the problem and reach God within then that God teaches you practically where this creation is happening. How means

God – “hey! Everyone believes that their lives are running according to their fate. That is correct. So in others fate it should be written that he has to deceive you and in your fate to be deceived by others. So here it is not his mistake, it is in your fate that's why he deceived you. So here you are creating your life, so keeping him aside, take responsibility of your life and know the root cause for your problem, accept it as it is, change that fate means create new choosing that I want to come out of this problem. Solution arrives after you clear all the emotions relating to that problem. In this way God gives clarity to make you understand. If you practically implement it then you will get result. Once you get practical knowledge, then the karma related to deceiving will be burnt. Means its related good-bad forms will be burnt and transforms into pure roles.

When you surrender to the God within or to the problem itself then only god teaches you how to change fate. Once you learn this and get practical results then the feeling that every creation is happening within becomes stronger. Then in unavoidable situations even though you behave harshly with others, feeling that you did mistake which was felt previously, disappears within gradually. You did what was felt in that present moment, after going beyond raaga-dwesa whatever happen its perfect, this feeling stabilize in you. When this feeling remains constant within, then only you go beyond sin-virtue, right-wrong.

So you have to behave like a matured soul. In your life whatever happens without blaming others, by taking responsibility feel that you are the creator of your life and everything happening according to your fate. If you reach God through that problem then you can erase fate also. If you feel that you are creator then only you can continue that creation till you feel that it is required, when you feel it's enough

then you can also destroy that creation. Means by experience you will know that you are the Brahma, Vishnu and Maheshwara for your life.

Exceptional people make self-criticism and renovate themselves. Only ordinary people blame others and spoil their lives. So if you are not in a feeling that you are creator, then you can't achieve desired result. So when expected result doesn't happen, if you blame others for it without taking responsibility, then even with your maximum effort your life will not be into your hands, you can't understand failure and you can't transform it into success. You have to continue your life as a victim because your life happens according to your fate and not according to your wish. So take right decision after considering everything.

Seeing past lives

There is no need to see past lives deeply. Because new problems may arise after seeing them. One person got confusion after seeing his past life. In his past life he had born in Rome Country. He found his name and his wife name. Up to this it is ok. But he felt to know in this present life where past life wife is. Then he found that past life wife is his sister in this present life. After knowing this he got shock and called me. Then I replied, limit the past life to that life only, don't desire to continue the same relation in this life also. Only after knowing soul knowledge you will understand everything. So I advised to clear the related emotions without going deeply into past lives.

If daughter-in-law becomes pregnant after the death of father-in-law then what family members feel at home? Generally, the dead father-in-law took rebirth. After birth suppose mother believe baby as father-in-law and feel that how can I see the baby without clothes? How can I kiss the baby? It's not right, because baby lacks mother's love. That's why limit the things of previous birth to that birth only. So if you follow what I suggested above, easily you will come out from past lives.

After knowing that they were yogi in their past life, some people neglecting saadhana in this life. You may be great master in past life but it is inferior to this present life. Because God always discover new talents hidden within. So focus on what you are achieving in this life. You should keep on growing and acquire more knowledge and know practically that you are God.

What is past lives?

You means Jeevaathma, to find answer for the question 'who am I', always immersed deeply in the process to know yourself. Because of this desire you took many births. By creating different types of roles relating to dual characters and through them you are getting complete understanding. Now we are calling these dual experiences as past life roles.

When I asked my inner God what roles I played in my past life, the message I got is – it's impossible to see all past lives elaborately as you have taken many lives. That's why feel all types of good and bad roles which you are seeing on this earth, as if you have already taken in past lives and integrate them within you. Also feel that every thought is coming from past or from past life role. So by being in that feeling I am continuing my saadhana.

Here integrate means, using pure energy we took many roles and created many forms. Now understand them clearly, experience them divinely, and after transforming them into divine energy or pure energy or ecstasy or soul energy, again reintegrate those energies in pure energy. To know how to transform, read the topics Guide, Inner Journey.

What is the importance of present life?

This present life is not similar to past life's. Because the aim of present life is integrating all past life roles and inviting soul and supreme soul into the body and transforming into divine-human. The purpose of integrate everything is - bringing disliked parts into conscious mind, creating coordination and friendship among like-disliked roles, reintegrating them and practically knowing yourself as god. Its means to get the answer for the question – who am I? Only after bringing all these essence together, we achieve completeness feeling and transform to divine-human. Because of this, long journey becomes complete and we enter new world.

That's why this birth is so much special. All are not eligible to practice integrating past lives. Those who had experienced all dual characters in past lives and who are ready to go beyond triguna state, means who acquired the eligibility to get liberation, for them only it is suitable. So ask your inner and know whether you are eligible or not for doing this practice. As per my understanding I can say that eligible persons only study this material and practice.

How to integrate all these births?

The only thing you have to do is, being in awareness, invite one by one past life roles into conscious mind lovingly. After inviting deeply love yourself. Means you have to love all liked and disliked things which you have outside and inside. Then only they will come. After getting divine feeling towards whatever happened in the present life, then only all past lives integrates in you.

But these past life roles are angry on us. Because when we travel through new path we don't have any idea about the situations we face. Because of this we have to face many unexpected situations. Means when you walk in unknown path, wounds may occur in feet due to thorn piercing. In the same way in past lives we faced many insults and difficulties. Due to this reason some bad wounds formed.

Jeevaathma identified that it is not moving forward because of hanging around each wound formed in every birth. Means he could not take new birth with new experience. That's why jeevaathma pushed away wounded aspects for some time. Just to continue journey, Jeevaathma left past life roles without considering. To integrate all within us or to heal the wounds of those lives, this is the right time. Because you present life aim suits exactly for that. Also energy and time now on earth are comfortable for this.

Especially this life has special relation with soul. Because of this bond, it's possible to get the experience that you are God by integrating all past lives. We are doing all this to find the complete answer for the question - 'who am I?'

This is the right time to reintegrate all these leftover parts. Now these are coming closer to your present reality. Dreams you are getting are the memories related to past life experiences. To integrate past lives there is no need to do any efforts. After inviting, only doing meditation is enough. Because the energies separated long back now coming near to you to get your pure love and to get your acceptance.

These roles wish to see smile on your face, to know every role as divine, to know there is no hate in your heart towards you or your roles, and they wish that you should release them with the complete love and not with rejection. Here an important thing is you can release them only when you don't try to change them even a little bit and only with love when you understand and accept them as it is. When you do saadhana you will identify this thing clearly.

But you will ask me that healing is necessary for both my body and mind. But in fact the thing to be healed is the energy which is in past life role and which is stuck in same fixed form without growth. This stored energy within you which is not growing desires to get released, to get blessed and to get freedom and to find solution. Then only it can help you by travelling in new direction.

For example let's think you have hate on anger. When you love anger then it grows from its present state and shows the use of anger through experience and makes you to get divine feeling towards anger and it gets transformed into divine energy. In this way once the past life role related to angry reaches divinity then the problem in your body automatically disappears. Then you will understand that solution for every problem is to release the energy which is stored in the past life roles and supporting for their growth along with growing yourself.

These past life roles came to an opinion and got fixed to it. Releasing them means releasing the form in which it is stuck. Means it's like releasing the sorrows, difficulties which it faced in past lives. In fact here you are not rejecting identity of past life roles, just you are releasing its illusion in which it is stuck.

For example you died with cancer in past life. Then that role is in an illusion that if cancer occurs then definitely it kills me. In this life when you change this belief that you can reach healthy state, you can reach divine with the help of cancer; by inviting the related roles, by accepting them as it is, tell them to travel towards divinity by giving freedom, and if you also travel towards divinity, then it changes its opinion, it grows and practically experience that through cancer it can reach divinity. And through the problem it also shows you practically. Because of this health occurs again.

Here illusion means it can evolve further. Means it's not false. It's true but it also has many expressions. If it evolves then it can find new truths about himself. Means it transforms from negative to positive, from positive to neutral, after that from neutral to divine.

Now once again observe, your wrong opinions towards this creation or burden which you carry since long back or guilty feeling that 'I did mistake'. Release these from you. Then you can clearly see the gift and secret which is hidden in your hatred things. When you stop fighting with hatred parts then they will show you who you are.

From the place of total love and freedom, if you are able to see very difficult and adventurous things, and find the truth and knowledge in it, then only past life roles grows and gives you happiness.

How to invite past lives?

In fact dealing with past lives is similar to dealing with children. Because they behave like children. As a parent send invitation to come and reintegrate in you. For that you prepare your home and allow past life roles to come back - which are injured, feared, insulted. It is similar to a mother who prepares everything which is needed for the kid who comes from school. Because while returning, these roles bring back its related thoughts, believes, emotions and feelings.

In fact maximum past life roles are waiting for your lovely invitation. They became so tired, now they want to take rest. The past life roles which are dissatisfied, exposed to sorrows and troubles, only desires secured comfortable place with acceptable feeling. If you feel fear, sorrow or weakness, all these are coming only from past life roles. Then what you have to do is, accept and love yourself, invite them to come home and do meditation.

Why some roles are not integrating in you?

Even though you love yourself some past lives won't integrate with you. Instead of integrating they trouble you and create hell in you. Some past life roles have angry on you, since you pushed them away in the past. In past lives they prayed God to help and protect from difficulties and sorrows. But their wishes and desires haven't

come true. So these bitter experiences created angry in those past life roles and they felt as if they were left alone and pushed away to live on their own. In those lives they prayed god, even then they didn't get any help or protection from him. That's why they started doubting everything. So now they are not ready to believe you as their god.

After receiving your invitation, they come back to your consciousness, but without evolving they trouble you and always fight with you and steal your energy and make your life more difficulty. Since in past life you didn't helped so they are taking revenge now for the difficulties they faced. In this process even though they came home they are making your life hell. They are not choosing divine hug. Creating problems in health, financial, relationship or other related things they want to make your home hell.

But they respect only true authority. They will answer to the commanding voice rather than pity and compassionate tone. Just like a teenager, who responds only to clear and strong reasons and not for sensitive voice, in the same way they also bend only for clear and authoritative voice. These past lives when they start moving in the form of words in your mind or when your body is in pains because of stuck energies, you have to identify that this is the right time to go beyond them and you should be able to tell them clearly that from now onwards disturbance is not allowed. But this voice must come from your roots, from your divine energy; otherwise they will laugh at you and rebel against you. That means here indirectly they are supporting for your development. Once you evolve and reach divine state then only they follow your instruction.

So you have to deal every role in different way. Same medicine won't be useful for all. Use following tools like: telling slowly, telling with love, talking joyfully, surrendering, scolding, screaming, making it cry, commanding, provoking, tempting..... Then only results will come. Then only you will get divine feeling towards different types of words.

If you don't succeed in dealing with these past life roles, immediately stop dealing them and you put desire that I am choosing to meet God. Approach god and ask him to teach you how to deal. After meeting god only problem formed because of past life roles disappears. So with your existing knowledge try once or twice. If result won't come then meet your God and surrender problem to him. To know more about this read the topics melt, surrender.

That's why you alone with your existing knowledge don't try to solve the same problem for years together. Same thing majority of humans are doing. I too did the same till the year 2004. But If I tell this, majority people are saying that human effort is compulsory. It's right, but what I am saying is, don't waste time only in efforting.

Don't keep on trying till death. Try once or twice, if result won't come then do as I said above.

Yes, loving and accepting may be used as great path for everything, but loving and accepting yourself is more important than loving others. So loving past life roles more than you or allowing past lives to control and create problems in your life or without telling anything if you suffer the pain created by them as a victim, is not love at all.

For example suppose anybody to test your patience if they create pain in you, then it's like telling them with courage to get out. By loving yourselves, if you tell past lives 'It's enough' and command them to go away with all his belongings, then doing like this is also an important part in infinite love. So don't fear to tell it's enough.

Here another thing to observe is, when you are not in a position to understand the pain and suffering of past life roles and when that roles won't understand you, then situation demands you to tell "it's enough." Means, because of ego you felt that why should I take message from this low cheap fraud role; in the same way, to take revenge by keeping anger on you, fraud role could not explain clearly about its greatness to you, is only the reason for misunderstanding. So solution for this situation is, temporarily separating and continuing journey alone, till both understand each other. Then only right time arrives for both of you to meet once again.

For example before my audit practice I worked under a senior auditor. He said he will give commission if I introduce clients to him. But he didn't give commission after introducing clients. Then I got angry. Even though I know I have to integrate it with love, without accepting him I came out and started my own practice in same area and I attracted many clients.

When my practice was going on nicely, one day I heard one question from within: Hey man! How are you getting successes in audit practice? Then I replied, because of doing regular saadhana and with help of God. Then from within I got this message: Yes It's correct. You succeeded with your talent, but for that indirectly your senior auditor also helped. Because till now you would have continued as an assistant, if he didn't deceived you. That's why "say thanks" to him within you for deceiving and invite all past life roles of this type and integrate within.

After listening this I felt it's correct and felt so much happy. Because my colleagues worked under him are still in the same position. Immediately I got love towards him and on my past life roles which are mirror images of him. In the same way, I felt that with my ignorance pushing away those roles in the past is also perfect. Then as per my inner guidance I invited again those past life roles and after understanding each other we became one.

Moreover I prayed past life roles that whenever I over depend on others, you come and create a situation so that the other person deceive me. And I also felt that, when man desires something divine desires exactly opposite is also perfect, because I would have not developed. That's why I prayed: oh my dear God! In this way Whenever I stuck in any situation and stuck in maaya then order me through your inner voice. Even then if I won't listen come in any form and create problem. Because for that problem I will not find solution outside. Then only I will do inner journey and feel that problem as master and learn knowledge from it, travel towards God and reach God.

So saying past life roles "it's enough" and " get out from me" means stop focusing on them and travelling towards your inner God which is your actual aim. Tell them to come and integrate only after getting love on you naturally. Even if they don't integrate there is no loss for you. Without waiting for them you continue your journey towards your God. In this way you keep on travelling and along the path integrate whatever past life roles you can mingle with. In this way if you travel with aim that I can see divinity in everything then, all angry roles attract to your saadhana and integrate in you. Here realize that integration is possible only when one shares their experiences with other affectionately and when both understand each other completely.

In this way if you succeed in integrating all past lives, the profit you will get is: you will stay peacefully with yourself, your mind will be peaceful, feeling "I am everywhere and everything is present in me" stabilizes within you, you will see God in everything, you will complete dual journey and enter into New Energy world. When every role return and integrate you will experience the ecstasy which can't be explained in words.

So finally according to my experience what I want to say is: integrate past life roles, go beyond law of karma, invite your soul and supreme soul into your life and always stay joyfully with all your parts and get Liberation.

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