

SURRENDER

You try many methods to solve your problems. You may wonder if all kinds of problems can be solved through these methods, and what the purpose of these methods is.

There are two types of problems that arise in human life. Mental problems and problems beyond the mind. You can solve problems that arise in the mind and end in the mind by using any method or technique. This means that these problems arise in the known parts of the body and mind and end in them.

But if the problems are related to the beyond, meaning they originate in the known, physical realm but end in the unknown, subtle, and secretive soul, then you cannot solve them on your own using a technique. Only when you surrender yourself to your divine, leaving behind techniques, can you find solutions to transcendental problems. This is because the root of these problems lies in the soul or divine.

Here, 'technique' refers to focusing on the breath, Melt, choosing the three opposites, and all the other methods I mentioned. In 2004, I let go of the good characters, lost faith in the external divine, and totally detached from this world, then only did I experience the inner realization of the self.

Surrender means devoting yourself to your inner god. Only after Surrendering yourself can you reach your divine. If you are already surrendered, then no technique is required. But if you are unable to surrender yourself, or if you ask "how" to surrender, or what you should do to surrender, then you need a technique.

Out of millions, only one person can surrender themselves without asking "how". This means that surrendering oneself without any technique is not impossible, but it's only possible for a very few people. These individuals are not rare or divine, but they have worked hard with techniques in their past lives, become tired, and reached a state of helplessness. They may have become frustrated and exhausted from not achieving what they wanted through techniques, and then naturally, the question of "how" falls away, and they effortlessly let go of techniques, only then can they dedicate themselves.

Only when you leave everything to your divine can you experience true deep surrender. Then, you won't need any technique because surrender is the best technique of all. You can surrender yourself, your problems, your future, your abilities, your time, and all your efforts to your divine and rest.

How

If you are unable to surrender or ask "how" to surrender, then you are not eligible to surrender, and that's when you need a technique. Because "how" means you are asking for a technique. If you surrender without asking anything, then you don't need any technique. But then you won't go to anyone, you can surrender yourself anytime. Because no guru is required to surrender. A guru can only teach a technique. They can only help remove the obstacles within you.

Your every inquiry is for a technique. When you go to someone and ask, you are asking for a technique. Or you ask them to clear the problem. If there is no inquiry, you don't need to go anywhere. Your inquiry itself indicates that you need a technique very much. Only after reaching a state through techniques can you naturally surrender. Or, after practicing techniques, you simply rest, but even the state of simply resting is possible only through techniques.

If you try to solve your deepest problems on your own, all techniques will turn against you. It's like the protector becomes the destroyer. This is because techniques can only take you to a state of surrender, or a state of rest. They cannot provide a solution to your deepest problems because the solution to those problems is not with the techniques.

As mentioned in the topic of Alchemy, if you remain calm within the problem, the solution will emerge. But if you're calm and still can't find a solution, understand that it's a deep-rooted problem. Therefore, only with the support of your divine can you find a solution to such deep-rooted problems.

Effort

When any problem arises, you first try to solve it with the knowledge you already have. But if you try your best and still can't get the desired result, then your faith in your existing knowledge starts to shake. That means your ego takes a hit. As a result, the bond between you and your mind also starts to break.

Until now, you have considered your mind to be God and identified yourself with it. But when you realize that following your mind's dictates doesn't yield results, you start to move away from your mind and towards God. It is only when this happens that you naturally surrender to God and offer your problem to Him. Only then will you see results.

Therefore, I suggest that you intensely practice the methods or sadhanas I've mentioned, and do so with enthusiasm. By doing so, you'll quickly move away from your mind. These efforts will also dissolve ego-forms within you. Remember, every thought is ego-form. If thoughts don't yield results, you'll stop giving them importance. Without your cooperation, thoughts will dissolve.

If you've experienced that efforts don't yield results and yet, when a new problem arises, you don't make any effort and simply surrender to God, thinking 'I've surrendered', you may still not get the desired outcome. This is because the egoistic tendencies related to that issue haven't dissolved yet.

Our goal here is to dissolve our egoistic tendencies and become one with God. If you try to move towards God without making any effort, you won't receive the cooperation of your mind and it continuously disturb you by saying "listen to me". Because mind wants to reduce burden of old knowledge stored in it.

Therefore, intensify your efforts, dissolve your egoistic tendencies, and surrender to God with the cooperation of your mind. When you achieve results with God's support, your mind will also rejoice. By doing so, harmony will be established among all parts of your being. Hence, I advise you to further increase your efforts and strive to reach a state of inner peace.

Initially, when you try something and fail to achieve it, you feel discouraged and think 'I'm useless'. Then, reluctantly, you surrender the problem and related beliefs to God. But, surprisingly, you start seeing results. Later, when you try again with a positive mindset and still don't see results, you willingly surrender yourself and the problem to God, and you're able to relax and remain peaceful.

In fact, you will wait for the surrendering moment because then only your loneliness disappears, your desire of merging with God fulfills and you will experience the ultimate bliss. It means that to remain calm and peaceful in the body, mind, and heart, and to be aware of everything, you should only consume as much food and perform as much work as is necessary. Only when you are at peace in this way can you unite with your eternal partner, the Supreme Self.

You can only surrender after trying everything your mind suggests. It's only when you're exhausted and unable to do anything, when all doors seem closed, that you let go of everything and your mind takes rest. It's only then that you can surrender to your true self, remaining peaceful, relaxed, and calm. And that's when you'll see results.

Higher Consciousness

If you want to experience God, you must try. But those efforts won't give you the experience of God. Those efforts will bring you closer to God. Those efforts will create the conditions for you to experience God. Through effort, you become available to higher consciousness. Only after all your efforts are exhausted, you will remain open without any resistance. That's when you will cooperate with higher consciousness to work.

When you allow the process to unfold without resistance, that's when higher consciousness starts working. Then, the body and mind, with the cooperation of higher consciousness, heal themselves. You don't interfere with the process, but simply experience the characteristics related to the issue and cooperate with them, and then you'll see results. So, after choosing desires, your first goal is to try. Then, your goal is to surrender peacefully and cooperate with God, and then you'll get results. Remember that.

It's like this: you're sitting in a room with all the doors closed. The sun is outside, but you're in darkness. You can't bring the sun inside, but if you just open the doors, your room will be accessible to the sun. You've built barriers for so long to prevent the sun's influence from reaching you. But if you open the doors now, the sunlight will enter.

You're not actually bringing the sunlight in; you're just removing the obstacles. The light will naturally enter. Understand this deeply: you can't do anything to attain divine experience; but you can create many obstacles to hide from God, to prevent God from reaching you. Remember, everything - thoughts, beliefs, opinions, qualities, and security measures - can be obstacles. So, holding onto any thought creates a barrier between you and your God. Realize this.

This happens because God is formless, beyond qualities, and beyond everything. When you hold onto a thought, you take on a form. For example, after doing a good deed, you think 'I'm a good person.' That means you've taken on the form of goodness. But this causes you to lose God, because God is pure. So, after doing good, don't stop there, don't keep thinking about it, enjoy the feeling it gives you, use it to go beyond, and merge with God.

So, through efforts and methods, you can only remove the obstacles you created in the past, and open the doors you closed. As soon as you open the doors, light enters, and those divine rays touch you and transform you. Therefore, always remember that all efforts are meant to remove obstacles, not to attain divine experience.

The reason methods are necessary is because you've set boundaries for yourself, preventing new things from entering you. Use methods to gradually remove these boundaries within yourself. Only then will purity and naturalness grow inside.

If you surrender everything to your God, then there's no effort, nothing you need to do. You just flow. You're deeply letting go of everything. Events happen in your life, but you make no effort for them, you don't even search for them. Whether they happen or not, you're always content. You have no choice. Things happen as God wills, with no expectations or worries from you.

God is flowing, and you're flowing in it. You have no destination to reach, because if you have a goal, effort enters. Finally, you must also give up your goal of reaching God. There's no place to go, no destination to reach, no goal to achieve. You're not searching or waiting for anything. You don't desire or expect anything. Trusting that God is guiding you and will provide what you need, you surrender everything to your God. Then, you experience all good and bad experiences as God's gift.

Surrender means offering yourself to your God, who is higher than you. Then, life is not in your control. God takes control of you, brings you under His control. Then, your life doesn't go in the direction you thought. God creates the circumstances for you to transform into God. The future remains unknown.

When you're walking with your God, who is higher than you, you'll feel insecure and fearful. Because God's decisions are beyond your understanding, you'll only understand the value of those decisions after some time has passed. So, initially, being with God is difficult, but later, you'll even enjoy this state. Because not only will you gain a broader perspective, but your trust in yourself will also grow.

If you don't like living this way, it's better to give up your desire to live with your God. Instead, live with those who are lower than you, and you can be their master, setting your own goals. You can achieve this goal, but you won't gain anything new from it. Then, you'll have wasted your life.

Living with God is like a river's flow, which can't be directed. No one can give you exact instructions to follow. So, stay vibrant and alive. Trust wherever God takes you. New Energy Life means trusting in God's flow. Allow God to be your guide. Permit God to take you to higher consciousness. Always stay awake and aware on this path, or you'll miss what comes your way.

New Energy Life prioritizes not just the destination but also the journey. If you travel this path with enthusiasm, you'll find joy even while walking, because your God is guiding you along the way. Just like a river, your life will have many unexpected turns, ups and downs, climaxes, and journeys into the unknown. You'll also find immense joy in these experiences.

So, stay awake and aware on the journey. Divine joy isn't just at the end, but also along the way. It's constantly growing, like a river that becomes an ocean. Here, the river doesn't just merge with the ocean, but becomes the ocean itself. This means that the jiva-atma, by participating in experiences with awareness and growing, expands and transforms into the Atma and eventually the Paramaathma. This is possible when you journey with faith and awareness through higher experiences and transcend them. Yes, this path may come with risks, but only then can you explore the wonders.

So, I advise you to venture into higher consciousness while being the creator. But don't make any quick decisions based on my advice, because you will be fully responsible for whatever happens.

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