

SURRENDER

To find solution to your problems you are using so many methods or techniques. You may get doubt that using these methods is it possible to find solution for every problem, what is the goal of these methods?

In human life two types of problems arises. Mind related problems and beyond mind problems. You alone can get solution by using methods, for the problems which arises and ends in the mind. Means they arises and ends in known parts that is body mind etc. But for beyond mind problems, means they arises in known parts and ends in unknown secret soul, using methods you alone can't find solution independently. You have to surrender yourself to your god means if god supports you, then only you will get solution for beyond problems. Here methods means observing breath, melt, choosing three opposites and remaining other techniques I suggested.

Surrender means devoting yourself to your inner god. After surrender only you will reach god. Now if you surrender then there is no need of any method. But now if you can't surrender or if you ask how to surrender, then you are in need of method.

Among crores of people, only one can surrender without asking "how". Here I am not saying that without any method surrendering is impossible. It's possible but it's for few people only. Those persons are not very rare or not divine representatives. Because they have become frustrated by their hard work with methods in their previous births. Even sincerely practicing of methods they didn't achieved desired thing and they were totally frustrated and became restless, upset and reached helpless state. Then only "how" will drop and person leave methods. After that only one can surrender.

When you leave everything to your god then only the real deep surrenderness is possible. Then you won't need any method. Because this is the best method among all. You will surrender everything to your god: yourself, your problems, your future, your talents, your time and all your efforts.

How

If you can't surrender or if you ask "how" to surrender, then you are not eligible for surrender, then you need method. Because "how" means you are asking method. If you can surrender without asking anything then you don't need any method. But then you won't go to anybody, you can surrender yourself at any time. Because to surrender, there is no need of Guru. The guru can only teach method. He can only help to throw out the obstacles within you.

Your every search is for method only. When you go to someone to ask, you are asking method or you may ask them to clear the problem. If there is no searching then there is no need to go anywhere. Your searching itself indicates that you are in

need of method. Through method after reaching certain state only, you will reach the natural surrendering state. Or you will not practice any methods and just stay relax; but reaching this state is possible only through methods.

If you are trying to solve beyond problems on your own independently, all methods turns against you, because methods can only take you to surrender state. When god supports you, then only you can solve beyond problems.

Effort

Generally while dealing with problem you try with your known knowledge. But even with maximum effort if result won't come then your trust towards known knowledge decreases. Means it hurts your ego. Because of this the bond between you and your mind also decreases.

Till now you felt mind as god and identified yourself with it. But when you don't get results by following minds advice then you disconnect mind and start moving towards god. If it happens like this, then only you will naturally surrender to god and surrender your problem to him. Then only you will get results.

So intensify your efforts by practicing techniques which I suggested, try them joyfully. If you do like this quickly you will come out of mind. Here your ego-forms will also dissolve. So realize that every thought is ego-form. Using thoughts if you don't get result, then you will not give importance to them. Then because of not getting your support thoughts dissolve.

Experientially if you come to the conclusion that results won't come only with effort, and when new problem arises, if you try to surrender to god directly without trying anything, you will not get result, because its related ego-forms have not dissolved.

Here our target is dissolving our ego-forms and merging with god. Without doing effort if you step towards god you will not get mind support and it continuously disturb you by saying "listen me". Because mind wants to reduce burden of old knowledge stored in it.

So keep on intensifying your efforts, dissolve ego-forms and with mind's support only surrender to god. Mind also feels happy because of your success which you got with the help of god. If you do like this then only coordination happens among all your parts. So I advise you to increase your efforts and reach relax state.

Initially if you try something and don't succeed then you will become depressed, you will feel that you are useless person. Then unwillingly you will leave your problem and its related believes and then surrender to god. But by doing like this you will get result. Then for next problem, joyfully you will try at the mind level and if you don't get result, immediately you will surrender yourself to god along with your problem

willingly. In fact you will wait for the surrendering moment because then only your loneliness disappears, your desire of merging with god fulfills and you will experience the ultimate bliss.

After trying everything said by mind, only then you can surrender. When mind weakens and reach helpless state or when all paths are closed, mind leaves everything and takes rest. Then only you can surrender and after that you will get result.

Higher Consciousness

If you want to experience the divine feeling you have to put effort. But efforts will not give you divine feeling. Efforts take you near to god. These efforts create the situation to get divine experience. Through effort you will become available to higher consciousness. After completion of all efforts only without any resistance you will stay open. Then only you will support higher consciousness to work.

Without conflict when you allow process, then only higher consciousness starts working. Then body and mind heals itself with the support of higher consciousness. You support the process without interfering and experience the symptoms of that problem. Then only you will get result. So remember that once you desire result, your first aim is trying. Then next aim is supporting god by surrendering, and then only you will get result.

Here the situation is like sitting in a room with closed doors. Sun is outside, but you are in dark. You cannot do anything to bring sun inside. But just opening the doors is enough, and then your room is available to sun. All these days you were creating obstacles so that sun doesn't influence you. But now if you open the doors, then sunlight enters.

Actually you are not bringing the sunlight into the room. You are only removing the obstacles. Light enters on its own. Understand this deeply: you can't do anything directly to experience god; but to hide god, not allowing god to come closer to you, you can create many obstacles. Remember that, including good ones here – all thoughts, all believes, all opinions, all gunas and even all secured measures are obstacles. So realize that if you hold even one thought it becomes obstacle between you and your god.

Why because, divine has no character, no form, he is beyond everything. Once you hold thought, then form appears to you. For example after doing good work you feel that you are good person. Means here you are holding good character. Then good image forms. But because of this you miss god. Why because god is beyond good and bad. So after doing good work, without stopping there itself, without remembering that work again and again, joyfully experience the feeling formed by that work, and then using that feeling reach beyond state and merge with god.

So with efforts you can only remove the past created obstacles, you can only open the closed doors. The moment doors open light enters inside, those divine rays touches you and transforms you. So remember always that, all efforts are only to remove obstacles and not to experience god.

So need of methods arises only, if you restrict yourself and doesn't allow new things to enter. Remove these restrictions slowly by using methods. Then purity and naturality grows within.

Once you surrender everything to god then there is no effort and you have to do nothing. Only you will flow. You will be in the mood of releasing everything deeply. In your life incidents happen, but for that you will not make any effort, at least you won't even search for it. It may happen or may not happen you always stay satisfied. There is no choosing for you. It happens according to god's wish; you will not have any estimation or have any tension.

God is always flowing and in that you are also flowing. You don't have aim to reach somewhere, because if aim is there then effort enters. Finally you have to leave even your aim of reaching god. There is no aim for you to go somewhere, to reach some place and there is nothing to acquire. You do not search or you will not wait for anything. You desire nothing and expect nothing. You trust that god is leading you and god arranges your needs and you surrender everything to god. Then you feel both good and bad experiences as god's gift and experience them.

Surrendering means dedicating yourself to the higher than you, your god. After that life will not be in your control. You will be in his control. Then life doesn't move according to your expected way. God creates necessary situations to transform you into god. Future becomes unpredictable.

If you travel with god, who is higher than you then you will be with insecurity and fear. Because god's decisions are beyond your expectations and the value of his decision will be understood only after passing some time. So at first it's difficult to stay with god, but after some time you also enjoy this state. Because within broad minded attitude arises and also trust on yourself increases.

If you don't want to live like this then it's better to leave the desire to stay with god. In the same way in the outer world don't live with higher people live with lower people, then for them you will become master and you can determine your aim in advance. You may succeed in your aim but from it you won't get any newness. Then you have wasted your life.

Living with god, is like flowing with river. It's not possible to determine fixed path. Nobody can give clear instruction to follow. So be alive and active. God may take you in any direction, trust him. New energy life means keeping trust on god's flow. Allow god to be your guide. Allow god to take you towards higher

consciousness. Always be aware and conscious in that path. Otherwise you will miss the things which are coming towards you in that path.

New energy life won't give importance to only goal. Importance is also given for the things which come in that journey. If you travel joyfully in the path then while travelling itself you will get bliss. Because your god accompanies you and directs the path. Like river, in your life also you will have many unexpected turns, ups and downs, climaxes and entering unknown places. With these experiences also you will get bliss.

So in the path also be aware and conscious. Divine bliss not only comes in the end, it also comes while travelling. It always grows continuously. River itself become unlimited sea. Here just river is not joining the sea; river itself is developing as sea. Means KinderSoul by participating with awareness in all experiences, develops and transform into SupremeSoul. This happens when in higher experiences; you stay conscious, travel with trust in it, and then going beyond that experience. Yes! this is risky path. But if you do like this then only you can find miracles.

So I advise you to become creator and always be adventurous to enter higher consciousness. But based on my advice quickly don't take any decision, because whatever happens, only you have to take complete responsibility for that.

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