

BALANCE

Nature stays with balance. You can't destroy this balance. The two opposites good and bad always stay in balance. If you destroy one, the opposite also destroys. This is the deeper rule of Nature. In this world if there is no bad, then good also doesn't exist. If there is no sinner, then there is no good person. Good person staying opposite to sinner, both depends on each other. So it's impossible to create only good world. This effort never manifests. Because it is rejecting primary rule of balance.

If you work hard only to be good then two things are possible. You can make good more stronger, but bad also gains strength in same proportion. Or you may try to destroy bad then good which you want to make stronger will also destroyed.

Life is balance. So only to be good is waste effort. Means here I am not saying to be only bad. Because then also balance will be destroyed. Spirituality means not creating good against bad. Spirituality means creating a balanced world. In this both good and bad always coordinate themselves.

Suppose anyone desires to create good world then equally another person must desire to create bad world. Because instead of choosing total energy you have chosen part of it. Pure energy has no form. In it good-bad-neutral parts are there in equal proportion. So if anybody chooses one part i.e. if only good is chosen then the remaining two parts i.e. bad and neutral must also be chosen by others. Otherwise nobody's desire fulfills.

So don't feel proud that you are doing something to this creation. Because after your choosing, others will desire remaining two parts, then only your desire manifests. So because of your desire don't generate work to this creation. Because to maintain balance again creation has to work to send remaining energy to others mind.

But if you think that, I don't care what happens to others, I choose only good, then always this doesn't work. Because later creation will send bad and neutral thoughts to you. Since you are stuck in raaga-dwesa and karmic cycle, depending on your state definitely you will attract them. So understand it properly.

If a man goes beyond good-bad-neutral then that person becomes Yogi. He stays in balance. Within him deeper balance happens between them. He won't generate any work to creation because he won't choose part. If he choose, then he chooses everything or he stays without choosing or he uses pure energy as it is. He exists beyond the creation. So it's not compulsory for him to receive the thoughts sent by creation.

When opposites are in balance then you will go beyond them. For example if you feel only health or only illness or only neutral you are imbalanced. If you feel pure energy in the body then only you are in balance. Feeling healthiness means moving towards extreme. Then definitely you will become ill. Remember this!

This happens daily but you don't have awareness towards it. Immediately after you feel happiness it ends. If you get awareness towards something then you have moved to the extreme. So come back. Correct the imbalance. To regain balance, travel towards opposite and create friendship between them.

Man who walks on rope with the help of stick, bending from right to left and left to right, he maintain balance and moves forward. In this way you also try to move with awareness from good to bad and bad to good, health to illness and illness to health without any interruption. Then opposite energies, rather than wasting energy in trying to destroy each other, they develop together and become pure. In this way if you continue practice then you will reach the neutral state which is in the middle of those two energies. After that if you continue practice then you will go beyond good-bad-neutral.

Yogi is the one who came down from the rope. This person won't care about travelling from right to left. He goes beyond good-bad-neutral. Spirituality means going beyond. Yogi knows that: bad can't be destroyed because it is part of balance; Good can't stay alone both are needed; Because of opposites only this existence is alive; pain after pleasure, pleasure after pain definitely arrives. Yogi who realized this will go beyond them. He never does choosing. Means he doesn't choose good against bad. Because practically he knows that if he does like this, then again compulsory situation arises to choose bad against good. So if you travel towards one direction then definitely you have to travel to the opposite direction also.

How much awareness you have towards good, definitely you will find bad also in the same proportion. That means whatever you are rejecting you create that also. So whatever you do, it moves towards both sides. It grows both sides at a time, and always balance manifests.

That means how much you are good person that much you do bad also. Means that much you identify bad and start hating and criticizing it. Even though you don't do bad outside, only hating also becomes bad karma. So for hating you will get bad result in return. What you give to others you receive the same in return. If you go beyond raaga-dwesa then only you will send pure energy to everyone, and receive the same in return.

Spirituality won't try to make either rich world or poor world, it makes balanced world. Try to understand this. Not the rich, not the poor, world with balance. In it nobody aware of poverty and nobody aware of richness. That means understand that

these two types will always be there. So only possibility you have is to go beyond them.

For example many methods are invented to fight with diseases. But more than past humans are suffering with illness. Why it is happening like this? When growth occurs in inventing medicines, in the same proportion why illness is also growing? It's happening because if knowledge grows equally ignorance also stabilizes. Suppose if healthiness grows then illness also evolves definitely. If you become good then some where someone becomes bad. Here nothing wrong is happening, here world always balancing himself.

With only good people world can't be alive. Suppose if it's there, then that world will be with frustration. Life always filled with opposites. Only because of opposites staying together, new potentials manifests. Spirituality means not choosing one opposite. Spirituality means understanding opposites and learning non-choosing attitude and stabilize in it.

Spiritual person lives without choosing. If he is with illness then in it he stays securely. He doesn't crave for health. If he is healthy he is happy with it. He won't have awareness towards it. Whatever he gets he will experience them divinely. Anything experienced divinely will evolve on its own. So focusing on experiencing he travels easily between opposites without choosing anything. His movements decrease gradually. In this way if he continue practice situation arises where there is no need for him to move this side or that side, because everything happens on its own. This happens only by leaving choice. If you choose then you will move and create opposite.

You may feel strange, but if you try to be good then definitely you will become bad. So even though it is difficult, don't choose and whatever is happening allow it. If anger happens allow it to happen, don't choose. If love happens allow it to happen, don't choose. If you do like this then definitely one day a state occurs where anger and love won't happen. So either choose everything or don't choose anything. If you choose only part then you will stuck in good-bad cycle.

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