

BALANCE

Nature exists in balance. You can't destroy balance. Good and evil, these two opposites, always remain balanced. If you destroy one, the other will also perish. This is a deep natural law. If there's no evil in the world, there's no good either. If there's no sinner, there's no saint either. The saint and the sinner are interdependent, relying on each other. Therefore, creating a world with only goodness is impossible. This attempt will never succeed because it defies the fundamental balance principle.

If you strongly try to be only good, then two things can happen. You can make good strong, then evil also gains strength equal to good. Or, you can try to destroy evil, then the good you want to make strong will also be destroyed.

Life is balanced. So, trying to be only good is a futile effort. I'm not saying be only bad either, because that too will disrupt the balance. Spirituality is not about creating good against evil. Spirituality is about creating a balanced world where good and evil coexist in harmony, always balancing each other.

If someone decides to create a good world, then someone else must decide to create a bad world, because they have chosen only a part of the total power. Pure power has no form. It has three qualities - tamas, rajas, and sattva - in equal proportions, and it exists as a single power. But the mind divides it into three parts, showing them as separate, and making one an enemy of the other. This three-part expression is also called maya. So, if someone chooses one part, say only good, then others must choose the remaining two parts, evil and neutrality, or else no one's choice will work.

So don't feel proud that you are doing something to this creation. Because after your choosing, others will desire remaining two parts, then only your desire manifests. So because of your desire don't generate work to this creation. Because to maintain balance again creation has to work to send remaining energy to others mind.

But if you think that, I don't care what happens to others, I choose only good, even that doesn't always work. Because the universe then sends you thoughts related to bad and neutral, too. You're stuck in the cycle of likes and dislikes, the karma cycle, so you inevitably attract things that match your state. So, understand this well.

When a person transcends good, evil, and neutrality, he becomes a yogi. He remains balanced, with a deep equilibrium within. He doesn't generate work to creation because he doesn't choose a part. He either chooses everything, or remains without choice, or uses the pure energy as it is. He exists beyond creation. So, he doesn't need to accept the thoughts sent by creation.

When opposites are in balance, you transcend them. For example, if you're only experiencing health or disease or neutrality, you're imbalanced. You're balanced only when you experience the pure power in your body. Feeling healthy means you've moved to one end of the duality spectrum. Then, you'll inevitably experience disease. Remember this!

This happens every day, but you're not aware of it. As soon as you feel happy, happiness ends. When you become aware of something, you've moved to the extreme end. So, come back. Balance the imbalance. To regain balance, travel to the opposite side, create friendship between them, and then unite them.

Just like a tightrope walker balances by leaning from right to left and left to right, you too should move effortlessly from good to bad and bad to good, from health to disease and disease to health, with awareness. Then, the dual forces won't waste energy trying to destroy each other and will instead grow together, becoming pure. If you continue this practice, you'll reach the neutral state between the two. If you continue further, you'll transcend good, bad, and neutrality.

The yogi has move down from the tightrope, unconcerned with moving from right to left. He has transcended good, bad, and neutrality. Spirituality means transcending. The yogi knows: evil can't be destroyed, as it's part of the balance; good can't exist alone, both are necessary; the existence thrives due to the opposites; and pleasure and pain inevitably follow each other. Recognizing this, the yogi transcends them. He makes no choices. He doesn't choose good over evil, as that would lead to choosing evil over good later. He knows that if he moves in one direction, he'll inevitably have to move in the opposite direction later.

The more aware you are of good, the more you'll also notice evil. This means that whatever you reject, you also create. So, whatever you do, it moves in both directions. Both sides grow simultaneously, and balance is always maintained.

This means that the more good you are, the more evil you also do. In other words, you recognize and criticize the evil that matches your level of goodness, and you hate it. Even if you don't commit evil externally, hating is still an evil karma. So, as a result of hating, you receive evil in return. You receive back what you give to others. Only when you transcend likes and dislikes can you radiate pure energy to everyone and receive it back.

Spirituality doesn't aim to create a world of riches or poverty, but a world of balance. Try to understand this. A world where no one is rich or poor, but balanced. In this world, no one is aware of poverty, nor are they aware of wealth. This means they understand that these two opposites will always exist. Now, what you can do is transcend them.

For instance, many methods have been discovered to fight diseases, but people are getting sicker than before. Why is this happening? When advancements are made in medicine, why does illness also increase proportionally? This happens because when knowledge increases, ignorance also stabilizes proportionally. If health increases, then illness also grows. If you become good, someone else will become bad. There's no mistake here; the world is always balancing itself.

The world cannot survive with only good people; if that were the case, it would be a dull place. Life is always filled with opposites. New possibilities emerge only when opposites come together. Spirituality is not about choosing one opposite over the other. Spirituality is about understanding opposites and cultivating a perspective that doesn't choose, and remaining stable in that.

A spiritual person lives without making choices. If they're unhealthy, they're comfortable with it. They don't worry about getting healthy. If they're healthy, they enjoy it without getting attached. Whatever comes their way, they experience it as divine. When they experience everything as divine, it automatically grows. So, they focus on experiencing and easily move between opposites without making choices. Gradually, their movements decrease. If they continue this practice, they won't need

to move back and forth because everything will happen on its own. This happens by letting go of choices. When you make choices, you move and create opposites.

This might sound strange, but if you try to be good, you'll inevitably become bad. So, even if it's hard, allow whatever is happening to happen without making choices. If anger comes, let it happen, don't choose. If love comes, let it happen, don't choose. If you do this, one day you'll reach a state where neither anger nor love happens. So, either choose everything or don't choose anything. If you choose only part of it, then you'll get stuck in the cycle of good and bad.

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