

PROBLEMS

Comfort

At present man is like a seed. He is not fully aware, he is not consciousness. But many people think that: I am consciousness, I am soul and I am god. This is the most dangerous and poisonous belief. Because now itself if you think yourself as consciousness, then there is no chance for you to become God. If a seed feel itself as tree and flowering has already started then there is no chance to grow. In this way seed is cheating itself.

But if you think you are not consciousness it destroys your ego. You will become shattered. Even then if you accept that you are not consciousness then goal is very near.

All beliefs of human are favorable and comfortable but also dangerous too. Because of these beliefs, chances of evolving become totally impossible. So like prisoners in jail, realize that you are also imprisoned in your body and mind. Then only growth is possible.

You are not staying conscious, you are living unconsciously. You are working like a robot, like an instrument, like a machine. What is the difference between you and them? So bring to your awareness that you are not in Conscious. This becomes first step towards awareness.

But if seed overcomes its state then it is like welcoming danger. Seed stays safe, but tree always stays with danger. Seed stays inactive and tree is alive, sensitive and unprotected. Tree has to bear all changes happening in nature.

With awareness if you choose adventures, dangers and fearful works, then only growth is possible. Only when you travel in unknown path then only you will grow. If you take risk then only you will grow. Coming out from mother's womb is first birth. Taking birth from your own unconsciousness and becoming awareness is second birth. In this body itself when you take second birth then only you can know god. Like this whoever takes rebirth, that person is called as 'Dwijā'.

Sensitivity

Sensitivity depends on consciousness. The more you are as consciousness the more you become sensitive. But being conscious is dangerous. Because consciousness creates sensitivity about the things happening everywhere. That means by doing meditation consciousness expands, because of this sensitivity also increases. This adds to your problems. Here sensitivity means experiencing everything with full intensity.

Whatever you have, it must be experienced by all your parts together. So whatever feeling you have, be with it sensitively and spread it to all your parts. And prepare for all possibilities, then only you can become God or consciousness.

Meditator experience Insult more intensely than normal man. Because non-meditators awareness is not clear. But when you start doing meditation again childlike qualities awakens, again sensitivity freshly develops. Clouds disappear and everything looks clearly. Whatever happens it goes deeply. Because of this you react overly to pains and pleasures. You not only feel your pains but also feel others pain, because of this pain increases. And you feel others pleasures also, because of this pleasure increases.

This situation creates problem to you, to your family members and to your friends. They can't understand the changes happening in you. Because they are expecting that meditation gives peacefulness, but exactly opposite is happening. So what you have to understand here is peace will not come immediately, it comes after reaching the goal, for that meditation is like a vehicle. Through meditation acquire knowledge and from it if you go beyond raaga-dwesa then only you will achieve peace.

So easy solution for this situation is, taking responsibility that I am creating my life, and feel that in past lives you already played all characters and all roles in this world, and experience them lonely without disturbing others. To know how to experience read the topics director, guide, pastlives, and alchemy. In this way if you experience this illusionary world with full intensity then only you can experience supreme soul absolutely.

Also you can experience each past life role and transform them to pure energy within two days or two years or two lifetimes. It depends on your interest. You have to fix hypothesis and blindly believe that, I came to planet earth to do sins-virtues and experience karmic results arising from them and then going beyond them and experientially knowing that: whatever is within me, whatever characters I have, they are everywhere in everything so - I am everywhere, everything is within me, I am formless and also taking many forms simultaneously, I spread everywhere and in everything, everything in this world is my reflection my manifestation, whatever happening everything is my expression. And after that without attracted by good, if you experience every character divinely then you will come out of them fastly.

So if you experience pains and pleasures, success and failures at once then you will be in balance. When you understand completely the processes happening within you and in the universe, then pains and pleasures caused by sensitivity will disappear and compassion arises.

But lack of sensitivity gives you comfort. Because staying inactive you can be undisturbed by others and this creation. And without developing you can continue this present state and can stay without experiencing yours and other's pain and pleasures fully.

Because of this comfort zone man is continuing seed state. In my view sacrifice means leaving this comfort only. It is very small thing to leave home and family. But the most difficult thing is to leave the comfortable mind.

Dharma-Sankata

Even though you stay in comfortable mind, even though you won't take risks and even though with planning you lead life carefully then also in everyone's life there is a chance of getting complex problems. For these problems you can get solution from existing comfortable mind or by travelling towards God.

Then one side God is there and another side comfortable mind is there. Means one side is Dharma and another side is known path. This situation is called as Dharma-Sankata. Here implementing Dharma becomes difficult and leaving Dharma gives comfort. Means travelling in unknown secret path becomes troublesome and travelling in known path feels comfortable to you.

In this way in every person's life dharma-sankatas occurs continuously. But many people can't recognize this situation as dharma-sankatas. They know nothing about this conflict. They are attracted towards pleasures and comforts automatically like a fly is attracted to sugar.

Moments of dharma-sankatas should be considered as moments of transforming you into God. Without avoiding problems and without attracting to temporary pleasures if you stay strong on Dharma then it's not impossible to be transformed into God. If you stay with comfortable mind you may get pleasures and your life span may increase, but your character diminishes, you will get depressed and you always stay away from god permanently. So not taking risk may become risky, think definitely about this!!

Here Dharma means knowing that I am god by developing divine characters. Adharma means assuming yourself as good or bad person, and fighting with opposite and without trying to enhance compassion, sticking to this dual illusionary world. To know more about dharma read Dharma topic.

Black Magic

This creation is filled with unlimited energy. If you do meditation it becomes available to you. So don't think to steal good energy from others. Also with pity don't grasp other's bad energies. If you do like this then you will get same problems. So return back good-bad energies to them. Means choose that, if it is mine or my past life energy then it should transform into pure energy and integrate within, if it is others energy then it should return back to them.

Also some people may send bad energies to you intentionally. Then without thinking that bad should happen to them, only send these energies back to them. Then God inside them decides how to punish them. Also remember that there is no need to know from where it came from. So without grasping good-bad energies from others and without sending your good-bad energies to others, take required energy straight from this creation by doing meditation.

Difficulties-Sorrows-Problems

Experiential knowledge gives you growth and deeper understanding. Through knowledge you will expand. Sorrows and difficulties helps for your development. Sorrows are not opposite to development. Of course difficulties will hurt you, but they also give you deeper understanding. When you experience different types of sorrows, then you will reach deeper dimensions.

When mind starts experiencing pain, when it thinks about it, when it want to know its meaning and when it thinks how to overcome pain then it becomes pain and after that become pure. Without thinking to overcome the pain if you experience only pain then it will be superficial, without depth and without becoming pure mind will be filled with thoughts.

Spirituality doesn't mean running away from sorrows. It's living with them. If you stay with them, then definitely one day they will disappear and your awareness also increases. So accept pains as part of growth and part of training. When your consciousness goes beyond sorrows then sorrows will disappear. If you run away from them then you are trying to escape from your fate. And because of this you lose the opportunity to go beyond, by using sorrows as vehicle. Note here that fate means knowing that you are God who spread everywhere.

But human nature always wishes only pleasures to come to them and to their family. Because of this reason always we want to stay away from hard work and difficulties. We try to increase comforts and facilities. Observe what you are doing in your life? Aren't you thinking of providing comforts and facilities to your children? But have you ever thought what benefit can be expected by providing only comforts? Only receiving comforts and facilities how their life will be?

Just like when you do exercise then energy levels of your body increases, when man works hard then he can have pleasant sleep, in the same way when you work hard then your body becomes healthier. Intelligence also brightens when it faces tough situations. This is experienced by all of us. But we forget this. When mind gets pain if you deal properly then it becomes stronger. So if you want to keep your children away from hard work and difficulties, means is it not closing their way to reach bliss? So think definitely about this!!

In fact both problems and solutions arise at a time. It may be for an individual or to this creation. Remember your past or observe the history. It will be known that in every situation when problem aroused then solution energy also rises. This energy itself is leading this creation. In fact only problems become cause for the new-energy to arise. Person who faces problem after overcoming it, moves forward in evolution. His intelligence flourishes. With self-confidence not only he becomes complete, along with him whole universe flourishes.

Is it not truth? In fact when problem arises then an opportunity also arises. opportunity of bringing change within you and the opportunity of bringing maturity in your thoughts, opportunity to make yourself energetic and treasure of knowledge. Those who

utilize it there won't be any problems. But those who won't utilize it, become problem to the whole universe.

But when you are awake and even when you are in dreams you are always overly thinking about problems. So without only thinking about problems, start dreaming about new solutions also. You are focusing more on problems rather than solutions and wasting your whole energy. Doing like this is not correct. Because you yourself becoming obstacle in finding new creative talents.

You have to utilize all your parts. But you should not use them unnecessarily, because you lose your energy. So don't stay in the problem unnecessarily, if you feel that your head is heavy, then understand that you are overly thinking. Then immediately ask your problem itself what is the creative solution and do meditation.

So when you talk with others, especially with new energy masters, take less time in telling problems, and then ask how to get solutions. Don't waste time in telling only about problems. If you attach overly to the problems you acquired energy will be attracted by the problem and it stays in your life permanently.

Since 2004 I am treating problems as my guru, acquiring knowledge from them and finding solution for every problem. Here not only bad but good also become problem, because our aim is receiving good-bad equally. But we get depressed when bad happens, and feel overjoy when good happens. So we have change in both the cases. So treat both as problems as gurus, acquire knowledge from them and reach divine who is hidden within them only.

This world is created by divine energy. That means your body, thoughts, emotions, feelings, health, ill-health and visible outer creation is made with divine energy. That means fear is not only fear, it is divine fear. So first you should feel fear as well as divinity both at once. Later you should feel it as divine energy only. When this divine energy which is basic material for everything spreads to all your parts then you will get solution to your problem. Means here problem is trapped in name, form and action; solution is transforming it into divine energy. That means understand here that you are analyzing everything, and experiencing its name form and action and stopping there itself, but not experiencing divine energy which is basic material. To get more information read the topic GUIDE.

Also I came to know that many people are not understanding this concept properly and implementing it incorrectly. They are overly reacting to the emotions outwardly, without making inner journey, without taking responsibility. They are blaming others for their problems. So I felt that I will not spread this concept. But inner message is: you are not unnecessarily disturbing others, taking responsibility and feeling that I am the creator of every situation and developing this mindset takes time. Whoever is eligible they only follow this concept, implementing your suggested solution only gives them solution, so spread this knowledge to those whoever gives opportunity. Because of this inner message only I am spreading this knowledge. Even though it takes time whoever implementing this concept, they are getting miraculous results.