

CHILDREN

Hi friends,

Now I am going to tell you about how to study joyfully and how to deal with your tiny problems. Generally you continue reading till you go to exam. But you may forget the studied subject while writing the exam. Many times you worried because of memory loss. So, whether memory loss should be there or not? Everyone says it should not be there. Weather this opinion is correct or not? Think once again!

But I will say human must and should have memory loss. Suppose while writing exam if you get remembrances of – teacher beaten you in the past, or any other thing, or other subject matter, means if you remember Hindi while writing English exam, can you write exam properly? No, you can't.

From childhood to till now, everything related to good-bad is stored in your mind. If everything comes to your remembrance then you can't write exam. Therefore only necessary things have to be remembered, unnecessary things have to be forgotten. Yes? Or No? In reality memory loss is not bad. Daily humans require memory loss. Let me talk about this in practical.

For example – you are listening my class. To listen whether you require memory loss? Or memory power? Many will say they need memory power. But what I say is you can't listen my class if you don't have memory loss. When I tell class, one part of you should listen neutrally, other part should store the listened thing and another part must create memory loss so that you can forget the stored content temporarily. In this way within you 3 parts must work co-operatively. Then only you can listen my class.

So daily 24 hours you must have memory loss, memory power and neutral. Why because you always do some work continuously. So its related information must come to your remembrance and remaining information must be forgotten temporarily. So these 3 must work equally within you. So without showing any partiality, you have to accept them equally. Means listening(neutral-33.33%), memory loss(negative-33.33%), memory power(positive-33.33%). These 3 energies must work continuously for 24 hours within you. Means you must have these 3 energies support for total 24 hours.

But if you only have memory loss, then you will forget everything, including your name also. Also if you only have memory power then also it troubles you. Because if stored information comes to your remembrance always then you will be in trouble. Because of this, you can't even sleep properly. So if unnecessary information comes to your remembrance along with necessary information then it gets remixed and you will be in confusion. So if memory loss, memory power and neutral unites within then you can achieve anything you want. So from now onwards memory loss is your friend or your enemy? Memory power, memory loss and neutral, all must become your friends.

So cause for less marks in any subject is lack of co-operation among 3 opposite energies within you. So you have to create friendship among positive, negative and

neutral. In the same way if you are unable to listen teachers class then the cause is - your mind is diverted to games or movies, or you don't like that particular subject or that teacher. So create friendship among studies-games-songs. So create friendship between studies and games by saying – my dear games! I am studying now, so support me, I will play after studying. In this way whatever you do, take the support of all other remaining things.

1) One boy won't like mathematics subject. Because mathematics teacher always scolds him. So he always gets less marks in that subject. That boy after listening to my class - assumed that teacher scolds, praises and neutral; then, hi my dear teacher! Till now I continued hating and scolded you within, I am sorry, you scolded for my progress only, so from now onwards I will create friendship with you and with your anger, and he made that anger his friend within. Also Hi my dear maths subject! I hated you also, sorry, from now onwards I will be friendly with you, tell me how to study mathematics so that I can understand. In this way he assumed and did melt meditation for 10 minutes daily. And also he practiced mathematics daily.

Then see what happened! Within he came to know different techniques related to mathematics subject. When mathematics became his friend he is understanding formulas clearly. And he is able to listen class properly. Next mathematics exam he is the class topper! And her teacher also surprised and praised and asked how he got this change. From that moment he became role model for everyone. With joy he called me and informed this and said thanks to new energy concept.

2) One girl studying 10th class, had a wish to learn two wheeler driving. She chose all three, I can drive, I can't drive, neutral..., created friendship among them and did meditation. While learning she felt lot of fear and she is unable to balance it. Then she sat in meditation and assumed in this way - "my dear fear energy within me you are more, so you reduce to 33%, my dear courage energy you raise to 33% and neutral energy you also come to 33%" and if you all support then only I can learn.

Then next day during practice, surprisingly she did nice driving because she remembered one by one, where and when to use break accelerator. In this way she learned within 2-3 days. By seeing this her parents felt happy. She is riding two wheeler and bringing the needed things to home from the market. Recently she learned doubles also. She was getting frequent problems with her classmates. When she did friendship with those characters within, outside all became her friends. She asked me if we do friendship within then how changes happen outside, then I replied, T.V. channel automatically changes if you press remote, in the same way if you do friendship within, it reaches them and they will get thoughts to be friendly with you.

3) One girl studies well. She is following new energy concept since 3-4 years, she is class topper in all subjects. She is worrying with inferiority complex because she is dark colored. Because of that she won't talk properly with anybody in the class. Recently when we met she discussed about her problem.

Then I said - do friendship with your body and black-energy, all energies are your friends. From then she did friendship with them and did meditation. She got this message from black energy within - "in your body there is the use of all colors, each color has its own importance, hair needs black color and teeth needs white color, it will not look good if colors are not there in proper place. So all colors are necessary, but you are hating black and asking for white only, that's why you are feeling pain, so from now onwards see all colors equally".

Since then she did friendship with black energy and inferiority complex and seeing all colors equally. Whenever she gets a thought to hate something then immediately she is choosing all 3 - friendship, hate and neutral. Since she practiced daily like this, inferiority complex balanced within her and she is talking friendly with class mates. Friends said that now-a-days you are so much friendly with everyone and became her fans, and asked about new energy concept, they are also taking printout of new energy material and following it. In her class she became little master and saying that all energies are our friends. Slightly her skin color also changed recently.

4) In Bangalore, a degree studying girl has fear towards english. She asked me how to overcome that fear and how to get good marks. Then I said - talk friendly with english energy within. Then that girl talked like this - my dear english energy! I hated you earlier, sorry! From now onwards I make friendship with you. Within her that energy gave message like this - in this world if two people want to talk then necessity of language is compulsory. What are you thinking about me? But you are having fear towards me and hating me, that's why I am creating trouble everywhere. Now make friendship with me and then see! I will show my talent. Then she said sorry to english language and said - from now onwards I will make friendship with you, so help me. Then that english energy said easy techniques while studying.

In this way she studied and wrote exam. While announcing the results in classroom lecturer said - in my experience I never saw this type of answer sheet, what a sentence framing! Where to keep full stops and comas, everything did perfectly. Since teacher didn't mentioned name she thought it may be her friend. Then finally he announced her name after describing sentence framing. Then she called me and said I got beautiful result.

She got tension as she was unable to study at the time of her sister marriage. Then I said - its 1st year only, so even if you fail nothing will happen. But sister marriage will not happen again and again, you have to involve fully, you have to do all works. I will come to marriage, I should not find any mistake, you have to do work energetically, only read for an hour, more than that not required, and you keep remaining time for marriage work. She did the same.

During marriage time she involved herself in many creative works, different decorations, dances, songs and read for an hour daily. Then I asked - are you feeling weakness? She replied - sir it is also my friend! I did friendship with it and it's giving new energy to me, so I am involving in everything. And she did dance very well on stage and with that her stage fear also gone.

After 2 days of marriage, exams were there. She wrote exams well, and then what happened you know?! She got college first, just reading only for an hour. Memory loss, memory power and neutral became her friends. In exam when she asked memory loss please remind me, then that energy gave necessary information. Her friends surprised and asked her, because of your sister marriage you didn't even come to college, then how you got first rank? From then all became her fans. Not only solving her problem she became role model to everyone. She is active in outside works and also active in her studies. But many students if they study well then they can't do work, if they know work, they can't study. Because within them merging of 3 energies is not happening.

5) One more little girl is there, what she does is when she is in class she talks to her soul this way - hey soul! I do not understand, so you hear lessons. Then soul listens. In exam hall she says – hey soul! I didn't listened, you listened so remind me, then soul tells the answers and she writes it.

6) An intelligent boy at a time hear songs with earphones, watch T.V. and read subject. Seeing this mother scolded him saying, this is not the way to read. I asked her how many marks he is getting. She replied 95%. Then I asked her how many marks you are expecting?! His talent is not normal, at a time he is doing 3 works, suppose if he get less marks then scold him, or else leave him.

I never discouraged that boy. Recently he finished B.Tech. In campus interviews he didn't got selected in first 2 companies. In written test he is selected but in interview he is failing. Since he is following new energy, he took failures lightly. But his lecturers were feeling sad. Then he asked me why I am not getting job? Then I replied - you will never get a job. Then he became depressed. He cleared his emotion and then asked what to do for getting job. Then I said - you read perfectly, but you don't know how to talk with others. Do friendship with all characters as I said in topics – “friendship” and “director”.

After practicing this he attended interview. There they asked, within what do you want to change? Then he replied I want to change my character. Then they asked your character is that much bad? He replied my character is good, but in future I have to mingle and work together with others. Each one will have different characters, I will mix those and always develop my character. Then that interviewer said to stand up. He too stood up and hugged him and said you are selected. See how miraculous result he got!

7) Another girl, when she was playing in ground, by something she got prick in her eyes and she developed eye-sight problem. With doctor's advice she is using medicines and glasses. But doctor said it's impossible to cure it completely, she has to wear glasses lifelong, if she won't take proper care then eye may become dead. They consulted many doctors but all said same thing. Eye sight is increasing day by day. That girl came to my class, I said try to make new effort as I said and do melt meditation daily at least for 10 minutes.

I said to talk like this - My dear body!, my dear medicines!, my dear sight! I hated you earlier, I am very sorry. From now onwards I will make friendship with you, all of

you please help me. Then she talked to her body - my dear body! What I have to do to have clear vision. Then her body replied - you are not giving me all types of foods, you are eating only some type of foods, you are not touching some foods, especially oil foods, you are not giving (peanuts), that's why in your eyes oil content is not there and eyesight is getting reduced. From now onwards eat all type of foods with love, don't say this is nice, this is not nice.

Then she did practice by eating all foods with love. For every thought, she assumed - I am doing friendship with all 3 energies and she did meditation. Once in a while she felt burning sensation in eyes and watering from eyes. She talked with them like a friend - Hi my dear pain energy! You are also my friend, please help, and don't come when I am in school. Miraculously that pain started coming only when she was in home. If pain is unbearable she cried and then slept. She experienced some repair is happening in her eyes. After 1 month she felt that 1 eye is working very normal, after 2 months she went to doctor for check-up and doctor got surprised. He enquired her parents how it got reduced and he came to know about new energy concept and he also started following. See what a miracle it is.

So at least from now onwards please believe body, mind. In God's creation body and mind are miraculous. Do the practices I said for 40 days as a duty regularly then you will come to know the difference. Your mind and body have the talent to achieve anything.

So in this creation nothing is useless, everything has its use, if you feel it as friend then it helps you, if you feel it as enemy then it can't help. So take help from everything. By doing like this children's are achieving miraculous results. They are playing games, watching T.V., enhancing their creativity, helping mom at home and helping dad in outside works, learning cooking, behaving friendly with their parents, and at the same time achieving success in studies also. So I am advising parents - without showing the difference between male-female, for girls teach outside works also and for boys teach house related works also.

MELT

If you want to reach soul by going beyond body, mind and heart, first recognize that you are affected by your thoughts and living in them imprisoned. After that turn your focus from thoughts to "yourself", and then practice melting. Whatever happens within, without participating in the process, you say that only I am melting, and melt like an ice cube and become pure. After that spread inside. Means without talking, without thinking, not doing anything, only stay in a feeling that I am present in the whole body. Then you will enter into sleep like state, or coming out from your parts you stay in empty space. In this state if you can stay for some time, then thoughts dissolve on its own and silence happens within, and after that soul appears. Then you will experience pleasantness, lightness, freshness and blissfulness. Without opening your eyes immediately, spread this bliss to all your parts. Then you will get solution to all your problems. Also coordination happens among all your parts. This meditation can be practiced by anyone, anytime, anywhere, and no time limit. Daily practice this meditation for at least 10 minutes.