

JUDGMENT

When you see something you will keep on making decisions or judgments like - it's nice, that is not good, I like this, I don't like that, I like this person, I don't like that person, I am like this, my body is like this, my mind is like this, he never changes. Judging like this you are confining yourself and others also. Then you will become robot or an object. If you do like this newness won't enter into your life. Further you will completely lose the opportunity of evolving and also getting freedom from past karmas.

Once you make judgment that he is bad, I don't like and start hating, then immediately that karma cling to you and your hatred things starts manifesting in your life. Hatred character creates lot of suffering in you. Here judging is not wrong. You felt that they are not right and they are doing mistake, so you judged. You are making judgments because: you didn't understood that they are doing right, through experience they are knowing about every character, according to their inner world they did that, they are slaves to their fate, inner world and they are not beyond them. But if you continue judging habit then you have to face difficulties. Because within also you have same bad characters and you hate them also.

Most people feel that judging others is wrong. But here the thing to understand is that compulsorily you have to make judgment in every situation. Even if you tell its good it becomes judgment and if you tell it's bad then also it becomes judgment. Whatever you say it becomes judgment. So you can't stay without judging, but if you judge then good or bad karma cling to you. So how to stay without clinging to karma even though you make judgment?

Solution for this is postponing your judgment. At present I don't like this character, but I won't fix to my opinion by stamping it as bad, I will postpone my judgment till knowing further deeply about this character. If you do like this, then you will stay with open mind and with open heart. Then only you will get deeper understanding about that character. But if you continue judging with closed mind then you block yourself. Because of this you will stick to your existing state.

So postpone and then choose that I want to know that this character is also part of divinity, and think about it deeply. Discover the benefits that are happening to you and to this creation because of this character. Since everything is interconnected, everything has its place, so we cannot reject anything. Divine itself accepted it and gave it a place, who are we to reject. Try to understand properly about the place of that character in divine plan.

Try to identify both helping nature and troubling nature in every character. Only then equal feeling towards everything arises within you. But understand that you will keep on making judgment till you accept all characters as it is, feel it as god's

creation, experience them divinely and till you know practically that all good-bad characters are divine energies. In this way if you keep focus on them and try to understand, then definitely you will succeed in knowing that all are divine characters.

After that only you can scold and immediately praise every character. You can hate it and immediately you can also love it. In this way if you can scold, praise, see neutrally and able to see divinely then it indicates that you have understood everything completely, otherwise you will stay incomplete. Suppose if you are unable to scold or praise anything then postpone your judgment.

In this way when you reach complete state then you can see everything as divine without judging. Only then problem disappears without taking outer form. Do like this for everything. Then you will be filled with love, compassion and divinity.

One more thing is generally we judge people that he is good, he is bad; in the same way we judge that "I am wrong - you are right or you are wrong - I am right." Then we feel that - the person who did wrong has to change. By this the person who did correct won't evolve further and develops ego and stays in the same stage. That's why we stuck in raaga-dweshha by nourishing right-wrong duality state.

So if you want to follow new energy concept, in every situation you have to judge that both or wrong or both or right. Here if both people are wrong, both have to change and even if both persons are correct both must evolve, because knowledge is unlimited and energy always loves to flow and evolve.

But many people are asking me that they are unable to do saadhana, they are forgetting saadhana and even though they want to do it, from within there is no enthusiasm. My advice for this is giving punishment to yourself. You have to become master and also disciple. Being a master you tell saadhana to disciple within and order to do it strictly. Otherwise tell that you will punish.

After that you become disciple and try to do saadhana. Suppose if you feel you are not doing properly or if you forget saadhana then give yourself self-punishments. Means stay fasting, do exercise, do meditation for long time, skip favorite T.V. program, watch hated program etc.. With awareness if you experience the pain generated by self-punishment, then enthusiasm increases within. Try to do any other thing to increase enthusiasm.

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