

From Gross to Subtle - Quantum Vision

We think our body is just made up of physical organs, but when we fall and get hurt, we take an X-ray to see if our bones are broken. In this X-ray, only the bones in the empty space appear, the organs in the empty space do not appear. Similarly, if there is a lump in the body, we do a PET scan to see if it is cancerous. In this PET scan, the bones in the empty space do not appear at all, only the cells in the empty space appear.

Similarly, what are these cells made of? These cells are made up of atoms. So, what is original and what is duplicate here? Are the organs in the empty space original, or are the atoms in the empty space original? In reality, the original is the atoms in the empty space, and the duplicate is the organs in the empty space.

Atoms are made up of what? To find out, quantum scientists went inside and found that 99% of it is formless energy and only 1% has form. Again, if we ask ourselves what is original, then we realize that the original is not the atoms in the empty space, but the original is only the empty space or the formless, and it appears to be in various forms.

Nobel Prize in Physics 2023

Electrons orbit around the nucleus of an atom at incredibly high speeds, making it impossible to observe them in real-time. However, thanks to the research of Pierre Agostini and Anne L'Huillier and others, this challenge has been overcome. They created light waves that exist for only an attosecond. An attosecond is one quintillionth of a second (10^{-18}). Just as a high-speed camera can capture a clear image of a moving train, while a regular camera would produce a blurry image, these short-lived light waves have enabled scientists to capture images of the processes within an atom. Although the images are blurry, scientists can now see electrons for the first time.

(Nobel Prize in Physics 2023 to Pierre Agostini, Ferenc Krausz and Anne L'Huillier.)

According to this, scientists are unable to see atoms clearly because they move at incredibly high speeds. It's impossible to take a clear photo of such fast-moving particles or atoms and distinguish between good and bad cells. Similarly, it's impossible to stop them from moving. Scientists also say that the distance between electrons and protons is 3 kilometers. Therefore, leave aside the 1% of matter or cells or atoms and hold on to the 99% of formless space.

Pure Energy-Pure Consciousness

This means you should hold on to the truth (Original) and let go of the falsehood (Duplicate). These duplicates are not real, we just believe they are. That is, names, forms, actions, pleasures, pains, victories, defeats, body parts, health, and illnesses - everything in the world is just an illusion, a mere belief. In reality, there is only pure energy, pure consciousness here. So, understand that this formless energy appears to be in various temporary forms.

This means we accept that our senses, including our eyes, are not functioning correctly and are not revealing the truth. Because of this, we are unable to understand the mystery of creation. That's why we use tools like X-rays and PET scans, which help us determine what's good and what's bad. However, even with these tools, we don't get a permanent solution. This is because good and bad are not stable and are always changing, mutating, and transforming. Holding on to them tightly causes us to lose balance and always leads to imbalance.

Anyway, since we have a desire to see more subtly, let's observe the world from now on with the quantum vision that has the talent to see even more subtly. That is, let's see the world not with gross senses, but with subtle senses, or senses that are spread everywhere. Only then will we get a permanent and eternal solution.

That means, when we see the world with quantum vision, we realize that only the eternal energy-consciousness is truly real.

In other words, when you see the world with limited senses, you experience pleasure or pain. But when you experience the world with unlimited senses, becoming unlimited yourself, you realize that this pleasure and pain, this dualistic world, this Kali Yuga - itself transforms and we experience divine world, a world of ultimate bliss, or a world of pure consciousness.

That's why it's said that creation is based on perspective. If you see the world with limited vision or Gross View, you'll have limited experiences. But if you see the world with unlimited vision or subtle View, only divine bliss and Oneness will remain.

That is, if you become one with unity or Oneness and master seeing the three gunas with equal vision, you'll be able to instantly create any experience you want.

In this creation, 50% is the unchanging energy-consciousness, 49% is the formless energy-consciousness that moves everywhere, and 1% is the names, forms, and actions created by energy-consciousness. That is, the formless is 99% and the forms are 1%; 50% is moving and 50% is still. This combination of formless energy-consciousness is also called Sachchidananda Swaroopam. This Sachchidananda Swaroopam is like an infinite vessel or Akshaya Patra. Therefore, when you become one with this state, whatever you wish will manifest immediately.

Therefore, travel from the gross to the subtle, i.e., From Physical Matter \Rightarrow Cells \Rightarrow Molecules \Rightarrow Atoms \Rightarrow Subatomic particles \Rightarrow God Particles \Rightarrow Energy; and unite with the most subtle formless energy for as much time as possible every day. When you unite with this formless energy, choose what you want and re-enter the physical world, feeling that it is manifesting in physical world.

That is, merge your old karma, i.e., good and bad experiences, into the infinite, and choose new experiences. To do this, you must master the art of traveling back and forth between the gross (matter) and the subtle (energy).

Trigunas Saadhana

We usually think that whatever is in our fate comes to us. That is, if there is good, we think that good will come or if there is bad, then bad will come. But change this belief. Now believe that, Trigunas Equally mixed pure energy-consciousness comes to me from fate and from others. Also decide that I will send Trigunas (good bad neutral) equally mixed pure energy-consciousness to everyone. When we unite with this pure state only, we will have freewill. That means, inside and outside, feel that pure energy-consciousness is flowing from everything to everything.

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